

# AGURA Style

## SEIZA Style



Ease your long hours of floor sitting with traditional Japanese "posture stability".



Kado (flower arrangement), sado (tea ceremony) and kendo (swordsmanship) are among the Japanese cultural traditions which have fundamentally promoted straightening the lower back to maintain a stable posture for mental and physical health.

"Style RITUSYO" was developed on the chiropractic theory to realize this "stable posture".

It eases cross-legged sitting (agura) and proper sitting (seiza) over long periods of time, making it difficult for the lower back and legs to grow fatigued.

Experience your long-sought, ultimate relaxation with "Style RITSUYO".

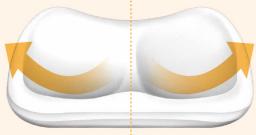
Supports floor sitting by maintaining posture stability to ease the lower back and legs.

### Posture Curve

By raising the buttocks, "Style RITSUYO" properly positions the pelvis which has a tendency to tilt back, and maintains a correct posture that does not require any abdominal exertion.



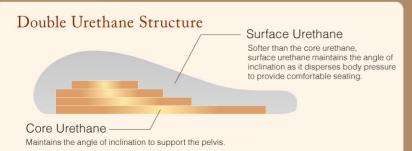
Stabilizes the right and left balance of the pelvis by dispersing the pressure on the body which tends to focus on a local area.



### Center Line

Placing the ankles or heels of both feet on this line minimizes the burden to the legs when sitting cross-legged.





## Correct posture equally distributes pressure and reduces the burden on your body.

By maintaining the correct posture, you can disperse areas of pressure, and reduce the weight on your body.



- \*Subject: 60-year-old woman \*Condition: Pressure dispersion when sitting cross-legged with/without Style RITSUYO measured with body pressure dispersion measuring equipment.
- \*Results may vary depending on the individual. (Tested by A-Kit Co., Ltd.)

## The pelvis position is important for comfort when sitting on the floor.

Sitting on the floor is usually accompanied by a retroversion of the pelvis, upsetting the body balance to the right or left, as well as burdening the hips, buttocks and legs. Proper positioning of the pelvis improves sitting on the floor, stretching the lower back and providing comfort. Also, if body pressure can be dispersed when sitting, the burden to the buttocks and legs can be relieved, making it easier to maintain proper posture.







CENTRAL CHIROPRATIC Chiropractor

Takeharu Daito



### User's Voice

Ichiyo Shimizu Female Shogi player, 6-dan

### A comfortable posture that is neither excessive or wasteful

Posture is very important in sado, kado, kido and other Japanese cultural traditions where courtesy and conduct are highly valued. With shogi, it is said that the correct move is made from the correct posture, and beautiful tactics are born from beautiful posture. The moment I sat on Style RITSUYO, I was pleasantly surprised that it naturally supported a proper and "comfortable posture without being excessive and wasteful". In shogi, it is important to have a posture in which you can focus while relaxing. For me, Style RITSUYO is an important partner that guides my posture by simply sitting on it.



Profile

Debuted as a female pro shogi player in 1985. She achieved the top in the 43rd female championship and is the first female player to achieve 6-dan and 4 crowns. In 1996, she received a commendation from the Ministry of Education and in the following year, was given the Metropolitan Cultural Honor Award. As of June 2015, she serves as chairwoman to the Female Kishi Association and remains an impetus that drives the world of shogi.





#### **Product Specifications**



- Specifications are subject to change without notice for ongoing product modifications and improvements.
- ●The color of the product may slightly differ from that in the photo.

Product nam	ne: Style RITSUYO
Model numb	er: Black: BS-ZB2107F-N Brown: BS-ZB2107F-B
Price:	¥6,463 (excluding tax)
Maximum lo	ad:Approx. 120kg
Size:	Approx. 480mm (W) x 620mm (D) x 145mm (H)
Weight:	Approx. 1.3kg
Materials:	Fabric: 100% polyester Bag: PVC

#### ▲ Safety Precautions

- **O** The product should not be used by the following persons or under the following circumstances. Doing so may cause an accident or problems to the body or skin.
- ●Small children or physically handicapped persons (unless monitored by a guardian or specialist) ●Unstable locations ●While driving a car or other vehicle
- Anyone with the following conditions should not use this product without first consulting with a physician. Doing so may cause an accident or problems to the body or skin.
- ●Persons with hip or back problems ●Pregnant women or persons with concerns regarding use of the product

Even if none of the conditions above apply to you, please consult with a physician if you have any concerns about using the product.

#### ⚠ Precautions for Use

●Do not stand or jump on, or use the product as a footstool. ●Do not bend or twist the product. ●Use the product only as intended. ●Do not place the product in front of the heat outlet of a dryer, fan heater or other similar heating equipment. ●Do not use the product if it is damaged or the fabric is torn. ●Immediately discontinue to use if you feel any discomfort including pain, litching or rash during use. ♣Friction with the product may result in color transfer or staining. Be particularly careful with wet clothing or other materials which are prone to color transfer. ●Scratching and/or color transfer may occur depending on the quality of the flooring, tatami mats, carpets, etc. Be careful by using this product on top of a floor cushion or piece of cloth. ●Use the product on a flat space with plenty of room and free of any dangerous objects. ●Discontinue to use if you experience any discomfort during use such as numbness or pain of the legs. ●Avoid storing in locations that are subject to high temperatures, high humidity or direct sunlight (such as bathrooms or inside cars).

[Manufactured for] MTG Co., Ltd.

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